

# NEWSLETTER NO.15

MAY 20, 2015

## CALENDAR OF EVENTS

### **MAY**

- 22<sup>nd</sup> Interschool Gala Day
- 22<sup>nd</sup> Walk Safely to School Day – 8am at Colbert Street
- 24<sup>th</sup> Working Bee – 9:00am to 1:00pm
- 26<sup>th</sup> National Sorry Day Event – from 7am, Teralba Park
- 28<sup>th</sup> Year 6 Leaders to Parliament House BBQ

### **JUNE**

- 5<sup>th</sup> Interschool Gala Day
- 22<sup>nd</sup> 7pm Prep – 6 2016 Enrolment Information Night
- 23<sup>rd</sup> 9:30am Prep – 6 2016 Enrolment Information Session
- 26<sup>th</sup> Last day of Term 2

## **FROM THE PRINCIPAL**

### **National Reconciliation Week and National Sorry Day**

National Sorry Day will be hosted by the Teralba Park Stolen Generations Support Group on Tuesday, 26 May commencing at 7am in Teralba Park. There will be a free breakfast to follow the ceremony and if you would like to bring flowers, they may be placed at the plaque site in the park. If you are going to attend could you please let Louise/Sam/Joy or Barb know for catering purposes.

### **Parent Rep Meeting**

Thanks to the parent reps for their participation in our meeting this week. We focused on feedback collated from parents around our school Newsletter and Sex Education. Below are the actions resulting from the discussions:

#### *Newsletter*

- Electronic copies of the newsletter will be provided, however, a paper copy can be issued if preferred
- The newsletter will continue to be distributed weekly
- The Principal and Deputy Principal news is valued and will continue each week
- Acknowledgement of student achievement is valued and will continued to be showcased
- More detail and notice around key sporting events such as training sessions, Gala Day and Interschool Sport will be communicated
- Calendar of Events is highly valued with attention given to removing dates past
- We will communicate when the emailing of the newsletter will begin.

#### *Sex Education*

- Two “Preparing for Puberty” sessions will be offered by Family Planning for our Year 6 students this year. Parents will pay for these sessions this year. Further details are to follow.
- Similar sessions will be offered for 10 year old students and older in 2016. These sessions will be school funded.

NOTE: The Parent Rep meetings will be focused on parent feedback on a certain topic that relates to all parents. Parents with any individual parent questions or concerns please direct these to the class teacher or failing that, please contact either David O'Connor, our Deputy Principal ([docon15@eq.edu.au](mailto:docon15@eq.edu.au)) or myself ([abond4@eq.edu.au](mailto:abond4@eq.edu.au)). Parents Reps will be emailed with the next meeting date. At this stage we will not be meeting next month.

### Dogs on School Grounds

In line with departmental policy, please be aware that dogs are not permitted on the school grounds. Thank you for your support.

### No Assembly This Friday

There will be no Assembly this Friday as the majority of the upper school are at the Interschool Gala Day.

Anita Bond  
Principal

## FROM THE DEPUTY PRINCIPAL

### EAST

EAST stands for Elite Athletics Squad Training. This is a program which I have put in place alongside the training offered by the Physical Education department to maximise the sporting potential of students who have been identified within specific disciplines of athletics. The students within the squad will change at times in relation to the athletics discipline being trained.

The EAST program aims to value add to those students who have demonstrated particular talent through their results by focusing on particular elements of the disciplines of athletics. A cap on the number of students participating has had to be put in place to ensure the effectiveness of the instruction. The opportunity for all students to train with athletics will be offered by the Physical Education department.

David O'Connor  
Deputy Principal

## ACTIVE SCHOOL TRAVEL



\*Congratulations to Prep R and 3H on winning the Gold Star awards for the previous week's 'Fun Fit Friday'.

\*A BIG congratulations to all the students who received DOUBLE STAMPS for WALKING to school last 'Fun Fit Friday'! Which classes had the most number of students WALKING last 'Fun Fit Friday'? The results will be revealed at this week's assembly.

\*A friendly reminder; the focus for the month of May will be 'walking' to school. The classes with the highest percentage of students walking to school each Friday in the month of May will be announced as the winners of the Gold Star award.

To encourage more students to walk in the month of May, every 'Fun Fit Friday' in May, we will be giving students DOUBLE STAMPS in their passport/on their card, IF they walk to school. Again, don't miss this chance to get a stamp closer to another AST prize.

\*Don't forget to actively travel EVERY Tuesday (Terrific Traveller Tuesday) for one BONUS stamp in/on your AST passport/card.

\*Don't forget that every 'Fun Fit Friday', the House Captains will tally points (check in at the school hall before the first bell at 8:45am) for each student that actively travels. At the end of this term, the results will be announced and a House will be declared 'The BEST Active Travelling House'.

\*The 2015 'Walk Safely to School' day is THIS Friday, 22 May! Thank you to all the students who entered the colouring in competition! The winners of the colouring-in competition will be announced at this Friday's school assembly. The theme for this year's 'Walk Safely to School' day (Friday the 22nd May) is 'Wacky Walking Winter Warmers'. In other words, we'd like to see all students wearing their wackiest pair of socks for the whole school walk! The event will begin at 8:00am for a 8:15am departure from the Colbert Street 'Park and Stride' point. Check the 'Park and Stride' map on our website (click on the tabs support and resources – forms and documents - documents – park and stride map) if you've lost your 'Park and Stride' map, for the location of this meeting point. We will have colourful balloons to identify where we are and where you can park your car! As an incentive for staff, parents, carers and grandparents that walk with us from the Colbert Street 'Park and Stride' point, all adult active travellers will receive an ABSOLUTELY FREE cup of coffee or hot chocolate from the coffee van! See you at the Colbert Street 'Park and Stride' point.

\*Thank you to the parents/carers of our Prep students who returned the Expression of Interest forms (for the upcoming Pro-Scooter Skills program) by 3pm last Friday. There was some confusion regarding the delivery of these forms back to the AST box (in the office). No payment was required. Once we have finalised the numbers, we will know whether parents/carers are required to make a payment and send out invoices accordingly. If you have already paid \$7.00, we will ensure that this is all sorted before the event. An official consent form will be sent home this week. Please return this form by the due date to the AST box (in the office).

\*Have you nearly claimed all the AST prizes up for grabs? If so, you'll be delighted to hear that we have BIG prizes up for grabs once you've finished claiming stamps on your AST cards!!! At the end of every term, we will have an AST card raffle (with all the completed AST cards in a box). ONE lucky winner will be awarded with a final BIG prize for their efforts in actively travelling to school!

Get those AST cards stamped for your chance to be in the draw.

\*Don't forget to claim your AST prizes at the AST shop. The shop is open every Friday from 11:20am (after first break eating time).



## LIBRARY NEWS

Let's get READING for the **Premiers Reading Challenge**. All our students are registered and we would love the whole community to support our students and join the challenge!

Between May 19<sup>th</sup> and August 28<sup>th</sup> read 20 books.

Books do not have to be sourced from our school library. Head down to your local library, download some eBooks (<http://educationqld.lib.overdrive.com>), pick up some pre-loved books from charity shops and with the cooler weather upon us, curl up under the doonas and head to all those amazing places where books can take you.

**BOOKS LIGHT UP OUR WORLD** - This year's theme for Children's Book Council of Australia (CBCA) Book Week.

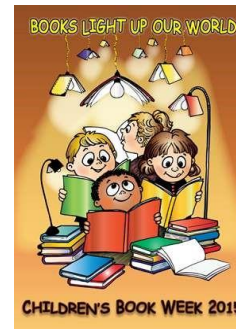
Our **competition** this year is for students to design and make some sort of **light/lampshade** that we can hang in the library. Of course no real electrical lights, the idea is to use materials like cardboard, papier-mâché, recycled containers, paint, ribbon, string etc and incorporate something to do with a book or books that you like to read. It could be a book cover or photo stuck on, maybe some text from some old books. I have been inspired by the fabulous art club who recently made some wonderful, imaginative creations. So between now and the end of August you will have plenty of time to have a play with this idea.

Ms Lukey  
Teacher Librarian

## FREE PSYCHOLOGICAL SERVICE

In Term 3, 2015 Everton Park State School will be offering students and their families free psychological services delivered on the school premises through Youth Excel. This service is being coordinated at school through the Guidance Officer, Julie Bagley.

Youth Excel offer free individual or small group sessions with Psychologists and Mental Health Social Workers delivered on the school premises in school hours. Youth Excel's onsite practitioners deliver





most services free as long as your young person is able to obtain a **Mental Health Care Plan** from your GP, Paediatrician or Psychiatrist. To find out more you can visit their website at [www.youthexcel.com.au](http://www.youthexcel.com.au)

Psychologists or Social Workers can assist young people:

- make positive life choices
- communicate better with parents
- resolve conflict
- broaden social skills
- overcome self-harm or suicidal thoughts
- process grief and loss including that related to death, divorce and separation
- improve self-esteem and confidence
- manage anger and mood swings
- be more responsible online or deal with consequences associated with sexting
- combat bullying
- strengthen body image
- manage anxiety, depression
- manage attention deficit and hyperactivity
- cope with pain and chronic illness

Youth Excel frequently see young people suffering from:

- Asperger's Syndrome
- Autism Spectrum Disorders
- Conduct Disorder
- Mood Disorders
- Anxiety Disorders
- Attention Deficit and Disruptive Behaviour disorders
- Substance Related Disorders
- Eating Disorders
- Adjustment Disorders

Youth Excel offers a range of small group programs relating to:

- Anxiety
- Problem Solving and Decision Making
- Social Skills
- Anger Management
- Organisational skills and motivation

Under some circumstances, parents and schools request special reports or assessments, usually for school funding applications. These services are not

covered by Medicare and are charged to either the parent or school by prior negotiation.

If you would like to know more about the service and how to access the service please make a time to meet with Julie Bagley, the Guidance Officer, through the school office.

#### Does Youth Excel work for our school?

**No**, Youth Excel is fully independent of the school system. Youth Excel is bound by the State Privacy Laws as a minimum standard in relation to collection, use, disclosure and storage of personal information. You determine whether you would like us to work in partnership with your young person's school, though we do encourage this in order to maximise the outcome for young people.

## PHYSICAL EDUCATION NEWS

Athletics training will be held at the usual time of Thursday at 8:00am. This week's athletics training will be long jump. It is open to all students in Years 4 – 6.

Students interested in participating in athletics training please meet Mr Crawford on the top veranda. As I was away at the Regional Cross Country trials on Tuesday the Junior Boys soccer training will be moved from next Tuesday (26 May) at 8:15am to next Friday (29 May) at 8:15am.

The second Gala Day is on this Friday, 22 May. Please meet at the top veranda at 8:00am to ensure students arrive in time for the bus. The bus will return the students to school by 3:00pm.

The next trials for the North District are 12 and under softball and 12 and under rugby union. The softball trials will be held on Tuesday, 9 June at Eaton's Hill SS and will be open to students born in 2003/2004. If you play or have previously played softball for a club and are interested in trialling for the North District team, please see Mr Crawford for more information. The rugby union trials will be held on Wednesday, 10 June at South Pine Sporting Complex, Brendale and will be open to students born in

2003/2004. If you play or have previously played for a club and are interested in trialling for the North District team, please see Mr Crawford for more information.

## MUSIC NEWS

### CLASSROOM MUSIC NEWS

As we head towards assessment time, I would like to remind students to take their recorders home to practise the pieces we work on in class. This will be part of your overall music assessment.

### CHOIR NEWS

Junior Choir and Elements will be part of the Winter Concert coming up in June. We are working on new songs at our vocal sessions, and hope to perform them at our concert. Look out for more news as we finalise the date.

### INSTRUMENTAL MUSIC NEWS

Northside Band Blitz – Thursday, 11 June at Aspley State School. Many of our Wednesday Beginner Band students will attending an awesome beginner workshop on Thursday, 11 June between 9am until 4.30pm. There will be a free concert from 4.00pm for all parents and friends to attend at Aspley State School Hall.

Assessment for my Wednesday Band students will be held next week. Remember to keep reminding your children to practise on the days that they eat. This means progress.

For all string queries please contact Ms Anne Keenan at [akeen9@eq.edu.au](mailto:akeen9@eq.edu.au) Ms Keenan teaches at our school on Thursdays.

For all band queries please contact Mrs Penny Hall at [phall35@eq.edu.au](mailto:phall35@eq.edu.au) Mrs Hall teaches at our school on Wednesdays.

For all classroom music/choral or The Elements queries please contact Mrs Crook at [bcrook4@eq.edu.au](mailto:bcrook4@eq.edu.au) Mrs Crook works at our school on Mondays, Tuesdays, Wednesdays and Fridays.

## GARDEN CLUB NEWS

We have been planting and mulching tomatoes, corn, beans, strawberries and some straw flowers. We have also been composting some of our school's fruit and vegetable

scraps in our compost tumbler. We've noticed some passionfruit on the vine, and some tiny banana and pawpaw fruits. We hope they grow and ripen! Thank you to our wonderful volunteers, Joanne, Dale and Joy - you all make a fantastic contribution to our Club!

## Uniform Shop

The Uniform Shop is open each Friday morning from 8:30am – 9:30am.

### Flexischools

Do you need to get some uniforms from the Uniform Shop? Why not order it on **Flexischools**. No need to come into the school at all. I will fill your order and hand-deliver it to your child in class. So save time and order on **Flexischools**!

### 2<sup>nd</sup> HAND UNIFORMS NEEDED

Do you have uniforms lying around the kids have grown out of? Bring them into us!! We need your 2<sup>nd</sup> hand uniforms.



Bring them to the Uniform Shop on Friday between 8.15-9.30am and we'll have a look at them. They need to be in good condition and if they are we'll PAY you \$10 per item for them, \$20 for Sports Jackets. Just remember to also bring along your account details so we can transfer the money into your account.

The Uniform Shop **needs** volunteers to help out on Friday mornings. You'll be required from 8.15am - 9.30am and if you can only do one Friday a month that's fine. If you can help out **please** contact me on [jjbounceback@optusnet.com.au](mailto:jjbounceback@optusnet.com.au), or phone me on **0402880216** or pop in and see me one Friday morning. It's a great way of meeting all the wonderful families in our school and I would really appreciate your help.

### Stock update!!

We are waiting on cotton tights to arrive. We have all sizes in the microfibre tights.

### We have Vests!!!

If your children are anything like mine at this time of year they need something not quite a jacket to keep them warm in the slightly cooler mornings. We **now have vests available for purchase from the Uniform Shop!** They are available in sizes 4-16 and \$17 each.

**Jeanette Jenkinson**

*Uniform Convenor*

Everton Park State School

## TUCKSHOP NEWS

Tuckshop is open Monday, Thursday and Friday.

### May Roster

#### Thursday 21

Karen Nelson

#### Friday 22

Jo Hennessey, Karen Nelson, Anita Reynolds

#### Thursday 28

Karla Chafey

#### Friday 22

Joy Wood, Kathy Hoffman, Genevieve Moller



Banana and Pear Bread \$2.00  
– home baked just for us!



STAY WARMER WITH THE WINTER MENU ITEMS NOW AVAILABLE

Garlic bread \$1.10

warm Milo \$1.50

Ham & Pineapple or BBQ Chicken

pizza \$3.00

.....  
**Lemonade Icy Twists are not available now until Term 4.**  
.....

### CAN YOU THINK OF A NAME FOR THE TUCKSHOP

The fantastic mural is almost complete along the front of the Tuckshop and Uniform Shop. We are inviting students to check it out for inspiration and come up with an exciting name for the Tuckshop.

Drop your competition entry in to the Tuckshop before Friday 16<sup>th</sup> June and the winner will be announced on the last day of school this term. Make sure your name and class is on your entry.

You could win a family movie pass to Stafford Hoyts Cinemas.

Katrina

Tuckshop Convenor

## COMMUNITY NEWS

### Mitchelton State High School

#### 2016 Scholarships

Scholarships will be offered to students entering Year 7 in 2016. If you would like to apply please collect an application

form from the Mitchelton High School office between 8am and 4pm weekdays. Enrolment interviews will be conducted in Term 2.