

# NEWSLETTER NO.02

## FEBRUARY 10, 2016

### CALENDAR OF EVENTS

#### FEBRUARY

- 12<sup>th</sup> School Leaders Inauguration  
12<sup>th</sup> Uniform and Tuckshop Subcommittee meeting, 2pm, in the Library  
12<sup>th</sup> Band Kickstart Day at Everton Park State High School  
15<sup>th</sup> P&C AGM meeting 7:00pm in Library  
16<sup>th</sup> Breakfast Club

#### MARCH

- 14<sup>th</sup> P&C meeting in Library at 7:00pm  
18<sup>th</sup> School Cross Country  
21<sup>st</sup> P&C meeting at 7:00pm in Library

### FROM THE PRINCIPAL

We are so lucky to have such a wonderful school and such bright students. As a part of a review of various parts of our website, some of our year six students have written short pieces which have been published on our website explaining why it is so good to be part of our school. The link to the page is:  
<https://everparkss.eq.edu.au/Ourschool/Whychooseourschool/Pages/Whychooseourschool.aspx> .

There are a number of key events happening in our school over the next couple of weeks, I would like to remind parents of these important dates.

#### Monday, 15 February

This coming Monday we will have our first meeting at 6pm in the Library for our Indigenous Parents Forum and our first P&C meeting for the year at 7pm in the Library. Please feel welcome to come along as part of our School Community.

#### Leadership Induction Ceremony

This Friday, 12 February, we will be inducting our 2016 Student Leaders. We have some invited guests coming along to be part of the ceremony and there will be a morning tea available for the parents of our senior students following. Please come and be part of this major event on the Everton Park State School Calendar.

#### Parent Partnership Meeting

We are in the middle of Parent Information evenings. Thank you to those parents who have attended these as they are a great opportunity to meet the teacher and learn about the important routines and learning objectives of the year. Please contact your children's teachers for more information.

#### Maximizing Teaching Time

I would like to request that all parent enquiries, messages and dropping off of student items (eg swimmers, lunch) happens through the office during teaching time and not at the class rooms. It is very important that we maximise all learning time in the best interests of our students.

#### Well Done Swimming Squad

Congratulations to Mr Bird and the Swimming Squad for their efforts with this week's district trials. I'm sure all swimmers have performed at their best and proudly represented Everton Park State School.



Anita Bond  
Principal

## FROM THE DEPUTY PRINCIPAL

### The Morning Routine For School – A Regular Cause of Global Conflict in My House

I know this is a bit of a "Captain Obvious" statement, but children don't understand time in the same way as grown-ups. This can make school mornings a stressful time of day for families. But staying calm and getting along in the morning will help you all feel positive about the day ahead. Easier said than done! For example, fighting with children in the morning makes it harder for you to get them out the door on time and it even increases the risk of you having an accident on the way to work. The most useful way to reduce morning chaos is to establish a morning routine for school. Sticking to a **morning routine for school** helps your children predict what's coming and remember what they need to do. Here are some ideas to take some of the pressure out of school mornings – even if things don't always go smoothly!

### Planning Ahead for School Mornings: The Night Before

The first step in your morning routine for school is to think about what you need to do and work out a plan for doing it. You'll probably find that you can do many things the night before. This works for my household and trust me when I say I've tried heaps of different approaches.

Here are some ideas:

- Try to find out the night before (or even earlier) if there is something special going on at school the next day.
- Organise lunches and get the breakfast table ready for the morning rush.
- You might know something is going to come up that could cause conflict, like buying tuckshop or choosing which uniform to wear. Talk about it the night before when everybody has time and you're all less likely to be stressed.
- Think about having a weekly schedule or calendar with reminders of what your child needs to take to school each day – for example, library books, sports clothes, show and tell, and so on.
- Think about getting ready for your day the night before as well, to help ease time pressure in the morning.
- Try to read newsletters and check bags for notes the night before (the bottom of bags is generally where notes end up).
- Try to children to make sure their school bag is ready the night before.

### The Morning Routine For School: Tips I've Found Make a Difference

- Think about an alarm clock for children who find it hard to wake up or don't like getting out of bed. (50:50 on that one!)
- Tackle the morning as positively and as optimistically as you can. Good moods can be infectious.

One way to do this is by focusing on the positive aspects of your children's behaviour and praising them – for example, 'Great to see you eating some toast'.

- If your children are young, remind them what they're meant to be doing and when. Simple 'to do' checklists, even with pictures, can help as a reminder.
- Once your children are old enough, encourage them to do more for themselves. For example, getting dressed on their own, making their own breakfast and tidying up after themselves. Mornings are easier when your children are more independent.
- Cut down on distractions. Television can distract children from getting ready, and many families have a rule about no television in the morning. Think about leaving the TV off, unless it's a special treat for being ready on time.
- Give your children calm and clear instructions about what you want them to do and follow up with specific praise as soon as they start to cooperate. Try not to give your children extra attention for arguing, whining or stalling. Even negative attention is an incentive for them to keep going with this behaviour.

### Everton Park State School Sports Page

- A new addition to our website is a sports news page. This page includes regular updates, advertisements for upcoming events, calendars and a store of notes for various sporting activities. You can get to the sports page by either following the link on the school homepage or following this link: <https://everparkss.eq.edu.au/Extracurricular/Sports/Pages/Sports.aspx>



David O'Connor  
Deputy Principal

## STUDENT PAYMENTS

You may have noticed at the bottom of our invoices there is now another option for payments.

BPoint is an Online System provided to schools by Commonwealth Bank as a safe and secure payment method. It can be accessed via ANY Computer or Smart Phone.

		
<b>BPOINT</b> Bill Payment		
<b>Online Card Payment</b>		
CRN: <b>0231000036518</b>		
Online Card Payment	Invoice No. <b>17587</b>	
	This invoice can be paid by card via BPoint <a href="http://www.bpoint.com.au/payments/dete">http://www.bpoint.com.au/payments/dete</a>	

- Log on to <http://www.bpoint.com.au/payments/dete>
- Quote your Customer Reference number (CRN).
- Quote the invoice number that the payment is relating (5 digit number).

The school is automatically notified of the payment and are usually matched in an overnight process.

We will still be accepting direct bank deposits, envelopes with credit card details completed and, of course, cheques and cash.

As we do not operate an 'open' receipting area, we cannot process EFTPOS payments at this stage, even though the 'generic information' on the invoice states otherwise.

Any further questions please contact Joy or Barb in the office.

## ART CLUB

Art Club meets every Wednesday at second break. Meet Mrs Johnston in The Shed after eating and she will take you to the Art Room. All students are welcome to join in the creative activities on offer.

## CHEERLEADING

Welcome back everyone! 2016 is going to be a great year. Cheer squad has already started, practising on Monday and Thursday afternoons.

Cheer Squad - there will be **NO practise** this Thursday afternoon, we will resume as normal next week.

Pups and Reserves will begin in **Term 2**. More information will come out later in the term.

All new students to the school (from Prep - Grade 6) are welcome to come and join a team, just come and see me before we start.

Pups practise will be on Monday mornings (7.45-8.30am) and Reserves (Grade 3-6) will be on Tuesday mornings (7.45-8.30am).

If you have any questions, please feel free to contact me on [kroge8@eq.edu.au](mailto:kroge8@eq.edu.au). Miss Rogers

## HPE NEWS

### North District swimming

Good luck to the following students: Tiffany, Mia, Zara, Leila, Allan and Nathan. They will be competing on Tuesday, 9 February and Thursday, 11 February. We wish them all the best.

### Cross Country Training

Training occurs every day from 8:15 – 8:45am. All students from P – 6 are welcome including all parents and teachers.

### Triathlon Squad

A letter was emailed home to parents of children in Years 4 – 6 last Friday. Triathlon training commences on Friday, 12 February. Sessions will be held during school time from 1:50pm – 3pm. A schedule was listed on the letter. Please make sure students have appropriate equipment each week. Please email me

if you would like your child to participate in the squad.

### Swimming lessons

Could you please label all your child's belongings to help with lost items.

### AFL AUSKICK PROGRAM

Date: Saturday, 13 February

Time: 8:00am – 9:00am

Cost: \$70.00

Length: 8 weeks

Venue: Everton JAFc – Mott Street, Gaythorne

Contact: Blaec on 38658700 or [blaec.ablett@afiq.com.au](mailto:blaec.ablett@afiq.com.au)

First session is a 'Come and Try session'. If you miss the first session, registrations will be accepted anytime. Please note this centre only accepts online payments (No cash or cheques will be accepted).

### MILO IN2CRICKET PROGRAM

Kenna Street, Chermside West, QLD

When: Season commences Saturday, 13 February (6 week program)

Time: 8:30am – 9:30am

Cost: \$85 (Includes free cricket pack – bat, ball & bag)

Open to: Boys and Girls aged 5-8

Contact: [playcricket.com.au](http://playcricket.com.au) or Brendan Furdek 0431445481 Email: [brendanfurdek@gmail.com](mailto:brendanfurdek@gmail.com)

Flyers have been sent home for both of these clinics.

If you any questions please email me Thank you.

Ian Bird

HPE Teacher

[ibird1@eq.edu.au](mailto:ibird1@eq.edu.au)

## BOOK CLUB ISSUE #1 2016

The 2016 Issue #1 catalogues for Book Club are now out and orders close on **Friday 12, February 2016**. Please note that orders after this date cannot be accepted.

Scholastic has changed their catalogues, with now only one catalogue which includes selections for all ages! The previous student clubs (Wombat, Lucky, Arrow and Star) are still listed along the edge of the pages as a guide to age appropriate selections. Now families can see and order books from across all of the various book clubs.

Now that EPSS is fully registered with LOOP (Linked Ordering and Online Payment), ordering your books has never been easier. Just go online to <http://mybookclubs.scholastic.com.au/>

and follow the steps to order and pay for your child's books. Alternatively, you can still complete the paper order form found in the middle of the catalogue and return it with your cash, cheque or voucher payment to the "Book Club" box located in the library. Please make cheques payable to Scholastic Australia.

## MUSIC NEWS

Our Prep classes have settled in well into their classroom music lessons. They are singing lots of songs, learning rhymes and finger games, listening and moving

to music and playing small percussion instruments. I really enjoy the enthusiasm of our school's youngest students!

### RECORDERS

Our Year 4 students are playing recorder for the first time. Try to encourage soft playing and a clear musical tone!

### JUNIOR CHOIR AND ELEMENTS

Notes have been distributed to students who are interested in joining one (or both) of our performance groups. If your child is interested but has not received a note, please ask them to come to the music room to collect one.

Junior Choir starts this Friday 12 February at 8.00 am, and Elements starts Tuesday 16 February at 8.00 am. We hope to see lots of our students participating! Please return permission slips prior to commencement.

Bernadette Crook

Classroom Music Teacher

## INSTRUMENTAL MUSIC NEWS

### BAND KICKSTART DAY – FRIDAY, 12 FEBRUARY

The Beginner Kickstart Day for all first year Band students with Mrs Hall will be held on Friday, 12 February at Everton Park State High School, Stafford Road, Everton Park from 9am - 2.30pm. All children are to meet at Everton Park State High School's Hall.

All children need to bring is their lunch, hat, instrument, music equipment and drink bottle.

Parents/Guardians are responsible for transporting their child to and from the venue of Everton Park State High School. Children are to meet Mrs Hall at Everton Park State High School's Hall from 8:15am.

### Lessons and Band Rehearsals with Mrs Penny Hall will be held again on Wednesdays.

Senior Band rehearsals for 2nd and 3rd year students will commence on Wednesday, 17 February at 7:30am. Junior Band rehearsals for beginner students will commence on Wednesday, 17 February at 8.15 am

For all band queries (woodwind, brass and percussion) contact Penny Hall at [phall35@eq.edu.au](mailto:phall35@eq.edu.au) For all string queries (violin, viola, cello and double bass) contact Anne Keenan at [akeen9@eq.edu.au](mailto:akeen9@eq.edu.au) For all classroom music queries contact Jewel Lucas at [jluca85@eq.edu.au](mailto:jluca85@eq.edu.au)

## LIBRARY NEWS

Bernadette Lukey

Librarian

# Uniform Shop



**The Uniform and Tuckshop Subcommittee will be meeting in the Library at 2pm on Friday, 12 February. All welcome.**

**The Uniform Shop is open each Friday from 8:15am – 9:30am.**

### Volunteers Needed – Urgent request

The Uniform Shop urgently **needs** volunteers to help out on Monday mornings. You'll be required from 8.15am - 9.30am and if you can only do one Monday a month that's fine. If you can help out **please** contact me on [jibounceback@optusnet.com.au](mailto:jibounceback@optusnet.com.au), or phone me on **0402880216** or pop in and see me one Monday morning. It's a great way of meeting all the wonderful families in our school and I would really appreciate your help.

### Flexischools

Do you need to get uniforms from the Uniform Shop? Why not order it on **Flexischools**. No need to come into the school at all. I will fill your order and hand-deliver it to your child in class. So save time and order on **Flexischools!**

### 2<sup>nd</sup> HAND UNIFORMS NEEDED

Do you have uniforms lying around the kids have grown out of? Bring them into us!! We need your 2<sup>nd</sup> hand uniforms.

Bring them to the Uniform Shop on Friday between 8.15 - 9.30am and we'll have a look at them. They need to be in good condition and if they are we'll PAY you \$10 per item for them, \$20 for Sports Jackets. Just remember to also bring along your account details so we can transfer the money into your account.

Jeanette Jenkinson  
*Uniform Shop Convenor*



## TUCKERBOX

**The Tuckerbox is open Monday, Thursday and Friday.**

I strongly recommend using our online ordering system, [flexischools.com.au](http://flexischools.com.au), to order your child's lunch. If you do wish to have a printed copy of the 2016 Menu, it is now available on the school website to download.

Price increase - boiled eggs and all egg items have been increased by 10c.

The new volunteer roster commences tomorrow, Thursday 11 February. There are still vacancies on the first Thursday, fifth Friday and as emergency volunteers, so if you would love to help please complete a Volunteer Form, attached to this newsletter.

### FEBRUARY ROSTER

**Thursday 11 – Sherryn Overlack**

**Friday 12 – Karla Chaffey, Rebecca Gardiner, Kirstin Banvill**

**Thursday 18** – Jennifer Congram

**Friday 19** – Carol McLean, Penny Valentine, Janene Ashton

Please remember, children in Prep to Grade 2 are not allowed to bring money to school to spend at the Tuckshop. Their lunch items need to be ordered online or over the counter by parents/guardians.

Katrina Coomber  
Tuckshop Convenor

## **ATTACHMENTS**